

U10 & U16

Sunday July 12th
 Monday July 13th
 Wednesday July 15th

Sunday July 19th
 Monday July 20th
 Wednesday July 22nd

Sunday July 26th
 Monday July 27th
 Wednesday July 29th

Sunday August 2nd (no practice)
 Monday August 3rd
 Wednesday August 5th

Sunday August 9th
 Monday August 10th
 Wednesday August 12th

U10 TIMES

Monday & Wednesday 6:15pm - 7:45pm
 Sunday 10:00am - 11:30am

U16 TIMES

Monday & Wednesday 6:15pm - 8:15pm
 Sunday 10:00am - 12:00pm

**U12 & U14**

Sunday July 12th
 Tuesday July 14th
 Thursday July 16th

Sunday July 19th
 Tuesday July 21st
 Thursday July 23rd

Sunday July 26th
 Tuesday July 28th
 Thursday July 30th

Sunday August 2nd (no practice)
 Tuesday August 4th
 Thursday August 6th

Sunday August 9th
 Tuesday August 11th
 Thursday August 13th

U12 TIMES

Tuesday & Thursday 6:15pm - 8:15pm
 Sunday 12:00pm - 2:00pm

U14 TIMES

Tuesday & Thursday 6:15pm - 8:15pm
 Sunday 12:00pm - 2:00pm