

U10 & U16
Sunday July 14th Monday July 15th Wednesday July 17th
Sunday July 21st Monday July 22nd Wednesday July 24th
Sunday July 28th Monday July 29th Wednesday July 31st
Sunday August 4th (no practice) Monday August 5th Wednesday August 7th
Sunday August 11th Monday August 12th Wednesday August 14th
U10 TIMES
Monday & Wednesday 6:15pm - 7:45pm Sunday 10:00am - 11:30am
U16 TIMES
Monday & Wednesday 6:15pm - 8:15pm Sunday 10:00am - 12:00pm



U12 & U14
Sunday July 14th Tuesday July 16th Thursday July 18th
Sunday July 21st Tuesday July 23rd Thursday July 25th
Sunday July 28th Tuesday July 30th Thursday August 1st
Sunday August 4th (no practice) Tuesday August 6th Thursday August 8th
Sunday August 11th Tuesday August 13th Thursday August 15th
U12 TIMES
Tuesday & Thursday 6:15pm - 8:15pm Sunday 12:00pm - 2:00pm
U14 TIMES
Tuesday & Thursday 6:15pm - 8:15pm Sunday 12:00pm - 2:00pm